# Leslie Herger

## **Relevant Experience**

#### Art Therapist

RAW Art Works, 2021 to Present

Conduct groups rooted in art therapy with youth grades 4-12

 Pilot Loud+ Proud groups for high school and middle school youth who identify as LGBTQIA or as allies

#### Art Therapist, Mental Health Counselor

Beth Israel Lahey <mark>Behavioral Health</mark> 2018 to 2021

- Conduct therapeutic groups with adults around a variety of topics

Engage in individual therapy with adults
with a variety of mental health complaints
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### **Educational Background**

Lesley University; Mental Health Counseling,

**Specialization in Art Therapy** 

University of Maine, Orono; Art Education

## Objective

Each day, I work with youth to explore and enhance their creative skills while engaging and increasing my own.

We explore a variety of guiding questions that allow the youth to engage in social emotional learning while exploring topics that are relevant to their lived experiences.

# Contact

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# Main Skills

Teaching

**Art Journaling** 

Printmaking

Bookbinding

Watercolors

Writing